

THE CENACLE SPIRIT

February 2026

LENT 2026



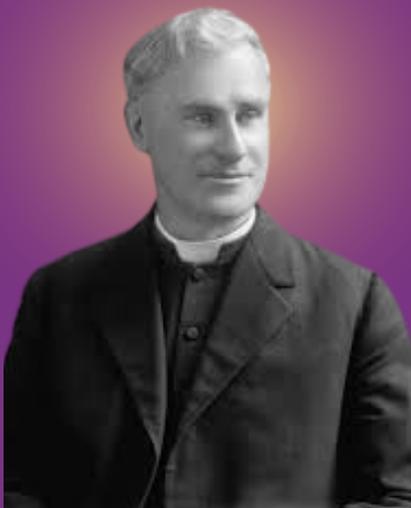
*"We adore Thee, O Christ, and we bless Thee
because by Thy Holy Cross Thou hast redeemed the world."*

We are happy to share
this new edition of
The Cenacle Spirit!

A newsletter serving the
Missionary Cenacle Family
featuring updates, events,
and important information
to help keep all members
of the MCF more closely
connected.

In honor of the Triune God!

A Lenten Journey led by Fr. Thomas Judge!



See details
on Page 5

TABLE OF CONTENTS

Director's Message
P. 2

Family News
P. 3-4

Living Lent
P. 5

DIRECTOR'S MESSAGE



Dear Missionary Cenacle Family,

May the grace and the peace of the Holy Spirit be with us forever!

I am pleased to share that the Missionary Cenacle Family has begun the process of discerning and seeking a new Director for the MCF. This is an important moment for us, and I am confident that, guided by Spirit, we will identify the leadership needed for the next chapter of our mission.

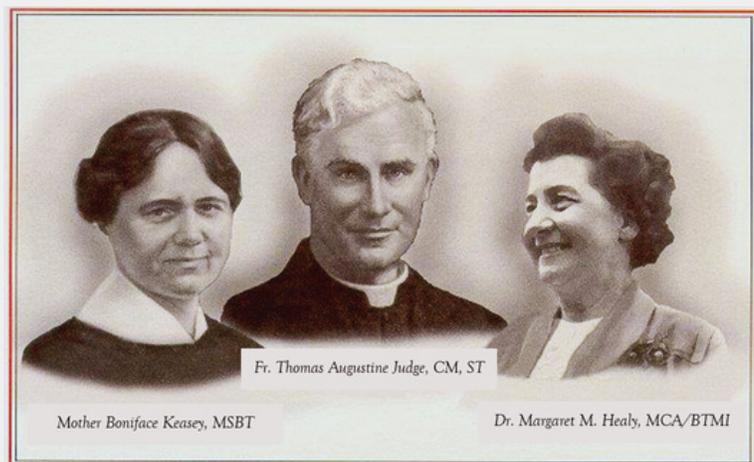
Last year's Missionary Cenacle Spiritual Exercises were a true success, and I remain profoundly grateful for the committee whose commitment and hard work made them possible. They are already planning this year's Exercises with the same enthusiasm and care, so please be attentive to news about the upcoming Exercises.

Thank you for your continued witness, your prayer, and your commitment to the mission entrusted to us. May the Holy Spirit keep guiding our steps as we move forward in faith and unity.

In the Most Holy Trinity,

Raúl A. Ventura, S.T.

MCF Director



MCF LEADERSHIP COUNCIL 2025-2027

General Custodians

Barbara McIntyre, MSBT
Jesús Ramírez, ST
Lourdes Thomas, MCA
Rosa Tirado, BTMI

Members

María Zepeda, MSBT
Raúl Vásquez, ST
Manuel Torres, MCA
Teresa Orozco, BTMI

MCF International Headquarters

Stirling, New Jersey, USA
Raúl Ventura, ST, Director
Steve Vesley, ST, Treasurer
Joanne DePasquale-Parent, Communications

FAMILY NEWS

Three New MCA Cenacles Established on Founders' Day!

On Sunday, November 23, 2025, on the Solemnity of Christ the King, the Santa Cruz Cenacle—the first Cenacle in Mississippi—was established. Four members are from Guatemala and three from Mexico. The celebration took place at our parish of St. Anne in Carthage, MS. Odel Medina had the original inspiration to promote the Apostolate of the Missionary Cenacle. Gustavo Amell played an important role in the dynamics of lay formation and apostolic sharing with the newly consecrated members. In September 2023, we received the grace to have the Dios Familia Retreat, with the support of the MCA from Costa Rica and members of the MCA from Florida, Georgia, and California. Sister Janet Santibáñez, MSBT, also accompanied us during that experience.



During the formal phase of the process (2024-2025), Alexis Zúñiga, with the support of Guy Wilson, Marco A. Sánchez, and Bob Goodyear, completed the formation. Joining us on this occasion were Lourdes Howell, General Custodian of the MCA; Kevin McCall, regional custodian, and his assistant, Irene Ahumada. Francisco Puente and his wife, Aura, also accompanied us. We trust in your prayers for the strengthening of the Cenacle of the Holy Cross.

Viva Cristo Rey!!!



Pictured above: The new MCA St. Augustine Cenacle in Colombia, Central America Region

Pictured below: The new MCA Divina providencia Cenacle in Temascalapa, Mexico



FAMILY NEWS

Missionary Cenacle Spiritual Exercises in Philadelphia and Mexico!

Thanks be to God and to your prayers, the Missionary Cenacle Spiritual Exercises in Philadelphia and Mexico were abundantly blessed.

From Fr. Gustavo Adolfo Baloco Rios, S.T.:

The spiritual exercises held at the novitiate of Our Lady of Guadalupe in Huitzila, Mexico, were an opportunity for renewal of calling and follow-up for the participants of the Cenacle Missionary family, especially the laypeople of MCA from Temascalapa and for the S.T. Their feelings were of gratitude, renewal, and encounter in the short version of 3-5 days and in the full version of 9 days. A total of 12 people participated, who were guided by silence, liturgy, the meditations of Father Judge, and the Holy Spirit.

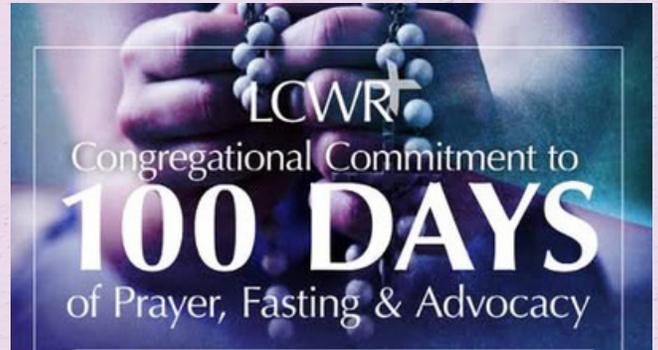


LIVING LENT

100 Days of Prayer, Fasting, and Advocacy

For the Missionary Cenacle Family, Lent is not only a time of personal conversion but a communal journey of listening, surrender, and renewed missionary zeal. Lent offers a grace-filled opportunity to slow down, listen deeply, and notice where the Spirit is stirring—both within our own hearts and in the cries of God’s people. Whether through sharing resources, offering time, or standing in solidarity with those who are marginalized, our Lenten practices become channels of hope for others.

Sister Barbara McIntyre, MSBT shared, “This year, the Missionary Servants of the Most Blessed Trinity will join Sisters across the United States in 100 Days of Prayer, Fasting, and Advocacy beginning on Ash Wednesday. This commitment to pray, fast, and act was initiated by the Leadership Conference of Women Religious. Each Sister prays every day to live compassion, communion and non-violence as one global community.



This is the third session of 100 days of prayer started as a way of living out our Gospel call in the face of the mistreatment of poor and vulnerable people in our country. Each community is invited to commit to a special day of prayer. Our day will be March 15th, the Anniversary of Dr. Margaret Healy’s death.”

May we nurture our apostolic spirit through prayerful discernment, acts of peace and justice, and the faithful practice of devotions to the Blessed Trinity inherited from Fr. Thomas Judge, Mother Boniface, and Dr. Healy. May this Lenten journey draw us more deeply into communion with our Lord and with one another, so that, renewed in apostolic spirit, we may celebrate Easter ready once again to be sent on mission to glorify the Triune God.

A Lenten Journey led by Fr. Thomas Judge!

The Spirit of Lent: Daily Lenten Meditations from Fr. Judge is a free ebook from Trinity Missions based on the writings of our Founder, Fr. Thomas Judge. Each day, you’ll be inspired by Fr. Judge’s wisdom, who reminds us of the true meaning of this sacred season.

[Click here](#) to download
The Spirit of Lent: Daily Lenten Meditations from Fr. Thomas Judge.

